

MISS QUATRO 2019 - ANGEL OF THE NORTH

IMPORTANT INFORMATION - PLEASE READ

PLEASE DON'T SKIM READ - YOU NEED TO KNOW THIS STUFF!

Feel free to dress-up as your favourite movie Action & Adventure character and have some FUN!

- ★ There are no passes, registration is via lists - both coaches and judges will be issued with a different coloured wristband for each day. **£5.00 Quatro vouchers, commemorative event pin badges and t-shirts (ONE bag per club) will issued at registration and must be signed for to say that these have been received.**
- ★ Please could you ensure that your nominated Judge(s) receive all of the Judging information & timings and are aware of which Days and Apparatus they are judging; nothing upsets a competition more than judges that are late. If you have any queries relating to Judges or rules please email [Debbie Morgan d.morgan13@sky.com](mailto:Debbie.Morgan.d.morgan13@sky.com)
As per the published Rules, any Nominated Judge failing to turn up will result in a fine.
- ★ **Floor Music:** Please submit this at the time of registration either a separate CD or USB flash drive. All music needs to be labelled with Gymnast's Number, Name, Club and Level Competing.
Please have phone or tablet back-up handy if we experience any technical difficulties during the event.
- ★ Gymnasts are to provide their own Numbers and Chalk.
Special Awards will be presented for Best & Fanciest Numbers and the best dressed Coaches & Judges within each round... This year's theme is Action & Adventure Movies - HAVE FUN!
- ★ Spectator Tickets can be pre-purchased via the Website Box Office: www.calvertgymevents.com
Due to the number of entries, we anticipate that we may sell out of tickets. Please appreciate that the venue has a maximum limit for both insurance and health & safety purposes. Every gymnast's entry includes x 1 non-refundable ticket entry. If the Venue is full, the organisers reserve the right to refuse entry to those not in possession of a ticket.
- ★ **All tickets are £5 each and are sold by Round.**
Children under 4 will be admitted free of charge but will be expected to sit on laps if no seat is available.
- ★ There will be separate coloured wristbands for each round (s). Any spectator wearing the incorrect wristband in the main arena will be asked to vacate the venue by the host staff either via a polite request. Following the end of each round, ALL gymnasts and spectators will be asked to vacate the arena quickly so that we are able to start the next competition on time.
We want all parents to be able to see their child compete so, ensure that your parents are aware of these arrangements.
- ★ This is a very large and busy event thus, please be aware that the main car-park and roads surrounding the venue may be full by the time you arrive. There is plenty of parking on the estate but you should ensure that you leave sufficient time to find a space, walk to the venue and, car pool where possible.
- ★ The BGA jewellery policy will be enforced for both gymnasts & coaches.
- ★ This event adopts a strict health & safety policy thus, if the judges in charge of each apparatus in consultation with the organisers deem an element or vault to be unsafe then, we will request that the gymnast not perform it.
- ★ If a gymnast fails to compete on an apparatus, please inform the judges in order that they can submit a zero slip to the Scorers
- ★ The emphasis of this event is on fun! Please bear in mind that this is a very large competition and delays may occur. If, you have a query, please approach either Andy Wood (announcer) or Sarah Calvert (scoring table). We will endeavour to deal with any problems as quickly as possible but would appreciate your patience whilst doing so.
- ★ Where possible, gymnasts have been grouped in Clubs. Gymnasts to drop down x 1 within each Rotation
If you have any withdrawals please can you let Sarah know in advance by email: calvertgymevents@gmail.com
Please note that Entry Fees are now non-refundable as gymnasts have been programmed in and will still receive their voucher, pin-badge and t-shirt

Miss Quatro 2019 - Angel of the North - Programme

Friday - Round 1

Registration from 8.45am (9.15am latest)

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|---------------------|------------------------|---------------|----------------------|----|-------|------|------|-------|-------|-------|
| Compulsory 2 | | | | | | | | | | |
| 1 | Lexi Wood | 11 & 12 years | The Wire GC | 1 | | | | | | |
| 2 | Annabel Carling | 11 & 12 years | The Wire GC | 1 | | | | | | |
| 3 | Evie Breen | 11 & 12 years | The Wire GC | 1 | | | | | | |
| 4 | Isla Blair | 11 & 12 years | Elmfield Gymnastics | 1 | | | | | | |
| 5 | Elizabete Kokorevica | 11 & 12 years | Coventry Empire GA | 1 | | | | | | |
| 6 | Laura Szabo | 11 & 12 years | Coventry Empire GA | 1 | | | | | | |
| Compulsory 3 | | | | | | | | | | |
| 7 | Sophie Slinn | 10 & 11 years | Crewe & Nantwich GC | 2 | | | | | | |
| 8 | Macie Buxton | 10 & 11 years | Gymnastics Elite | 2 | | | | | | |
| 9 | Lily Newton | 10 & 11 years | TSV Gymnastics | 2 | | | | | | |
| 10 | Leila Lih *Bar Raised* | 10 & 11 years | Dronfield GA | 2 | | | | | | |
| 11 | Freya Genever | 10 & 11 years | City of Worcester GC | 2 | | | | | | |
| 12 | Zara Tinye | 10 & 11 years | Heywood Sparks GA | 2 | | | | | | |
| 13 | Scarlett Taylor Fury | 10 & 11 years | City of Liverpool GC | 2 | | | | | | |
| 14 | Zahria De Beer | 10 & 11 years | City of Liverpool GC | 2 | | | | | | |
| 15 | Martha Sidway | 10 & 11 years | Park Wrekin GC | 3 | | | | | | |
| 16 | Brie Thomas | 10 & 11 years | Park Wrekin GC | 3 | | | | | | |
| 17 | Lucie Halford | 10 & 11 years | Park Wrekin GC | 3 | | | | | | |
| 18 | Lara Tilyard | 10 & 11 years | Park Wrekin GC | 3 | | | | | | |
| 19 | Ruby Henshaw | 10 & 11 years | The Mill GA | 3 | | | | | | |
| 20 | Frances Stone | 10 & 11 years | Amber Valley GA | 3 | | | | | | |
| 21 | Isabella Overy Jones | 10 & 11 years | Amber Valley GA | 3 | | | | | | |
| 22 | Jasmine Mangoro | 10 & 11 years | Tameside SG | 3 | | | | | | |
| 23 | Orlaith Odudu | 10 & 11 years | Tameside SG | 3 | | | | | | |
| Compulsory 4 | | | | | | | | | | |
| 24 | Millie Bohana | 9 & 10 years | Bangor GC | 4 | | | | | | |
| 25 | Macaya Alsop | 9 & 10 years | Bangor GC | 4 | | | | | | |
| 26 | Ruby Cox | 9 & 10 years | The Wire GC | 4 | | | | | | |
| 27 | Emily Wilson | 9 & 10 years | The Wire GC | 4 | | | | | | |
| 28 | Izabel Donnelly | 9 & 10 years | The Wire GC | 4 | | | | | | |
| 29 | Lacie-Brooke Ferguson | 9 & 10 years | The Wire GC | 4 | | | | | | |
| 30 | Olivia Munro | 9 & 10 years | Dronfield GA | 5 | | | | | | |
| 31 | Matilda Hall | 9 & 10 years | Heywood Sparks GA | 5 | | | | | | |
| 32 | Lola Barson | 9 & 10 years | York ASC | 5 | | | | | | |
| 33 | Esmee Brennan | 9 & 10 years | The Mill GA | 5 | | | | | | |
| Compulsory 5 | | | | | | | | | | |
| 34 | Evie Cooper | 8 years | Bangor GC | 4 | | | | | | |
| 35 | Marcie Broadhead | 8 years | Bangor GC | 4 | | | | | | |
| 36 | Evie Bundred | 8 years | Crewe & Nantwich GC | 5 | | | | | | |
| 37 | Miley Pearson | 8 years | Gymnastics Elite | 5 | | | | | | |
| 38 | Kaci-Anne Sweeney | 8 years | Wiltshire SG | 5 | | | | | | |
| 39 | Iyla-Grace Linsey | 8 years | Wiltshire SG | 5 | | | | | | |

| ROUND ONE | ACTIVITY | * 9.00am Judges Meeting * |
|-----------|----------|---------------------------|
|-----------|----------|---------------------------|

| | | |
|-----------------|--|--|
| 8.45am | Doors Open | |
| 8.45am - 9.15am | Registration for Gymnasts in Round 1 | |
| 9.15am - 9.20am | Gymnasts to line up ready for March-on | |
| 9.20am - 9.30am | March-on & Introduction of Gymnasts Competing in Round 1 | |
| 9.30am - 9.40am | General Warm-Up | |
| 9.35am | All Judges to be in position | |
| 9.40am - 9.45am | Gymnasts line up on floor in Groups & march to first Apparatus | |
| 9.45am - 1.05pm | Warm-Up & Competition 5 x 40 Minutes | |

*** Groups 4 & 5 to Compete in Grade Order and rotate within their Grade**

| | Competition Warm-Up Arrangements | VAULT | BARS | BEAM | FLOOR | R & C |
|---------------|--|-------|------|------|-------|-------|
| 9.45 - 10.25 | Vault Warm-Up: x 4 Vaults per Gymnast then Compet | 1 | 2 | 3 | 4 | 5 |
| 10.25 - 11.05 | Split Warm-Up on Bars, Beam & Floor: | 5 | 1 | 2 | 3 | 4 |
| 11.05 - 11.45 | 12 minutes per group | 4 | 5 | 1 | 2 | 3 |
| 11.45 - 12.25 | USA Style Warm-Up on Range: | 3 | 4 | 5 | 1 | 2 |
| 12.25 - 1.05 | The First x 2 Gymnasts within each Group @ 90 secs. | 2 | 3 | 4 | 5 | 1 |

Gymnast 1 competes & whilst Gymnast 1 is being judged, Gymnast 3 warms-up etc.

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

We would appreciate the assistance of coaches for any changes required to apparatus for gymnasts during both warm-up & competition - Thanks!

| | |
|-----------------|--|
| 1.05pm | Judges & Officials Lunch |
| 1.05pm - 1.15pm | Collation of Scores & Spectator Hot-Seat |
| 1.15pm - 1.25pm | Stand & Awards Ceremony for Round 1 Gymnasts |
| 1.25pm - 1.30pm | Arena completely cleared for Round 2 - Spectators must re-enter the main gym if they wish to stay |

Apparatus Changes

Friday - Round 2

Registration by 12.25pm

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|-------------------------|-------------|----------------------|----|-------|------|------|-------|-------|-------|
| National Grade 1 | | | | | | | | | | |
| 40 | Molly Griffiths | 2006+ years | Crewe & Nantwich GC | 6 | | | | | | |
| 41 | Elsa Jackson | 2006+ years | The Wire GC | 6 | | | | | | |
| 42 | Penny Atkinson | 2006+ years | Dronfield GA | 6 | | | | | | |
| 43 | Niamh Selby | 2006+ years | Sheffield GA | 6 | | | | | | |
| 44 | Ellie Belbin | 2006+ years | Amber Valley GA | 6 | | | | | | |
| 45 | Asha Scott | 2006+ years | Amber Valley GA | 6 | | | | | | |
| 46 | Courtney Simpson | 2006+ years | Amber Valley GA | 6 | | | | | | |
| 47 | Lily May Tomlin | 2006+ years | Amber Valley GA | 6 | | | | | | |
| 48 | Lily Jenkins | 2006+ years | Deeside GA | 6 | | | | | | |
| Regional Grade 1 | | | | | | | | | | |
| 49 | Sienna Salousti | 2006+ years | Dolphina GC | 7 | | | | | | |
| 50 | Emily Dove | 2006+ years | Revolution GC | 7 | | | | | | |
| 51 | Marisa Gordon | 2006+ years | Revolution GC | 7 | | | | | | |
| 52 | Alys Jones | 2006+ years | Ynys Mon GC | 7 | | | | | | |
| 53 | Jessica Griffiths | 2006+ years | Ynys Mon GC | 7 | | | | | | |
| 54 | Cadi Williams | 2006+ years | Ynys Mon GC | 7 | | | | | | |
| 55 | Efa Grieves Owen | 2006+ years | Ynys Mon GC | 7 | | | | | | |
| 56 | Violet Browne | 2006+ years | Wiltshire SG | 7 | | | | | | |
| 57 | Lydia Kingsley Williams | 2006+ years | Buckley Girls GC | 7 | | | | | | |
| 58 | Alliyah Omar | 2006+ years | Salto GC | 7 | | | | | | |
| FIG | | | | | | | | | | |
| 59 | Caitlyn Sutherland | Junior | Uttoxeter GC | 8 | | | | | | |
| 60 | Alicia Roberts | Junior | Uttoxeter GC | 8 | | | | | | |
| 61 | Martha Waugh | Junior | Uttoxeter GC | 8 | | | | | | |
| 62 | Georgie Slack | Espoir | Uttoxeter GC | 8 | | | | | | |
| 63 | Madeleine Harris | Espoir | Uttoxeter GC | 8 | | | | | | |
| 64 | Olivia Williams | Senior | City of Liverpool GC | 8 | | | | | | |
| 65 | Ellen Armstrong | Junior | City of Liverpool GC | 8 | | | | | | |
| 66 | Zoe Prescott | Espoir | City of Liverpool GC | 8 | | | | | | |
| 67 | Gabby Connolly | Junior | Berkhamsted GC | 9 | | | | | | |
| 68 | Olivia Cham | Espoir | Dronfield GA | 9 | | | | | | |
| 69 | Shanna-Kae Grant | Junior | Leeds GC | 9 | | | | | | |
| 70 | Ren Billingham | Senior | Leeds GC | 9 | | | | | | |
| 71 | Charlie Turner | Junior | Leeds GC | 9 | | | | | | |
| 72 | Madison Ockerby | Espoir | Leeds GC | 9 | | | | | | |
| 73 | Poppy Wilkinson | Espoir | Leeds GC | 9 | | | | | | |
| 74 | Bijou Grace Tucker | Espoir | Peacock GA | 9 | | | | | | |
| 75 | Jana Weisserova | Senior | City of Worcester GC | 10 | | | | | | |
| 76 | Charlotte Baddeley | Senior | City of Worcester GC | 10 | | | | | | |
| 77 | Jessica Daykin | Senior | Wiltshire SG | 10 | | | | | | |
| 79 | Moodang | Senior | Sudbury GC Guest | 10 | | | | | | |
| 80 | Senam | Espoir | Sudbury GC Guest | 10 | | | | | | |
| 81 | Alexandra Coulthard | Espoir | Tameside SG | 10 | | | | | | |
| 82 | Millie McGuire | Espoir | Tameside SG | 10 | | | | | | |

| ROUND TWO | ACTIVITY | | | | | |
|------------------------|--|--------------|-------------|-------------|--------------|------------------|
| By 1.00pm | Registration for Gymnasts in Round 2 | | | | | |
| 1.25pm - 1.30pm | Gymnasts to line up ready for March-on | | | | | |
| 1.30pm - 1.40pm | March-on & Introduction of Gymnasts Competing in Round 2 | | | | | |
| 1.40pm - 1.50pm | General Warm-Up | | | | | |
| 1.45pm | All Judges to be in position | | | | | |
| 1.50pm - 1.55pm | Gymnasts line up on floor in Groups & march to first Apparatus | | | | | |
| 1.55pm - 5.40pm | Warm-Up & Competition 5 x 45 Minutes | | | | | R & C |
| | Warm-Up & Competition Arrangements | VAULT | BARS | BEAM | FLOOR | REST |
| <i>1.55 - 2.40</i> | All Groups: 15 minute warm-up (split 7.5 per half) | 6 | 7 | 8 | 9 | 10 |
| <i>2.40 - 3.25</i> | Gymnasts to compete immediately followed by the | 10 | 6 | 7 | 8 | 9 |
| <i>3.25 - 4.10</i> | second warm-up split. Small groups can | 9 | 10 | 6 | 7 | 8 |
| <i>4.10 - 4.55</i> | warm-up and compete all together. | 8 | 9 | 10 | 6 | 7 |
| <i>4.55 - 5.40</i> | | 7 | 8 | 9 | 10 | 6 |
| 5.40pm - 5.50pm | Collation of Scores & Spectator Hot-Seat | | | | | |
| 5.50pm - 6.10pm | Stand & Awards Ceremony for Round 2 Gymnasts | | | | | |

Saturday - Round 1

Registration from 8.00am (8.30am latest)

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|---------------------|-----------------------|----------------|--|----|-------|------|------|-------|-------|-------|
| Club Grade 6 | | PANEL A | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 83 | Seren Hill | Competition 1 | Bangor GC | 1A | | | | | | |
| 84 | Priys Evans | Competition 1 | Bangor GC | 1A | | | | | | |
| 85 | Ela Non Jones | Competition 1 | Bangor GC | 1A | | | | | | |
| 86 | Amy Roberts | Competition 1 | Bangor GC | 1A | | | | | | |
| 87 | Scarlet Evans | Competition 1 | Bangor GC | 1A | | | | | | |
| 88 | Olivia Robbins | Competition 1 | Gymnastics Elite | 2A | | | | | | |
| 89 | Savannah Pennington | Competition 1 | The Wire GC | 2A | | | | | | |
| 90 | Niamh Stephens | Competition 1 | The Wire GC | 2A | | | | | | |
| 91 | Sienna Collins | Competition 1 | The Wire GC | 2A | | | | | | |
| 92 | Rosie Hutchinson | Competition 1 | The Wire GC | 2A | | | | | | |
| 93 | Isabella Kelly | Competition 1 | Ynys Mon GC | 2A | | | | | | |
| 94 | Bella Taylor | Competition 1 | Dronfield GA | 3A | | | | | | |
| 95 | Eloise Fanning | Competition 1 | Dronfield GA | 3A | | | | | | |
| 96 | Jayda Smith | Competition 1 | Revolution GC | 3A | | | | | | |
| 97 | Jessica Smith | Competition 1 | Revolution GC | 3A | | | | | | |
| 98 | Aurora Griffiths | Competition 1 | Revolution GC | 3A | | | | | | |
| 99 | Chloe Gooden | Competition 1 | Salto GC | 3A | | | | | | |
| 100 | Summer Eades | Competition 1 | City of Worcester GC | 4A | | | | | | |
| 101 | Holly Cale | Competition 1 | City of Worcester GC | 4A | | | | | | |
| 102 | Sofia Genever | Competition 1 | City of Worcester GC | 4A | | | | | | |
| 103 | Lola Mellor | Competition 1 | Crewe & Nantwich GC | 4A | | | | | | |
| 104 | Violet Boddie | Competition 1 | Deeside GA | 4A | | | | | | |
| 105 | Olive Fletcher | Competition 1 | Deeside GA | 4A | | | | | | |
| 106 | Sophie Armstrong | Competition 1 | Buckley Girls GC | 5A | | | | | | |
| 107 | Orla Flynn | Competition 1 | Pennine GC | 5A | | | | | | |
| 108 | Erin Hinselwood | Competition 1 | Sheffield GA | 5A | | | | | | |
| 109 | Vanessa Tabis | Competition 1 | Wiltshire SG | 5A | | | | | | |
| 110 | Attilia Kelman | Competition 1 | York ASC | 5A | | | | | | |
| 111 | Rosa Whitford | Competition 1 | York ASC | 5A | | | | | | |
| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
| Club Grade 5 | | PANEL B | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 112 | Ela Wyn Evans | Competition 1 | Bangor GC | 1B | | | | | | |
| 113 | Ariana Hardy | Competition 1 | Bangor GC | 1B | | | | | | |
| 114 | Scarlet Tennant | Competition 1 | Harrogate GC | 1B | | | | | | |
| 115 | Jessica Stott | Competition 1 | Harrogate GC | 1B | | | | | | |
| 116 | Holly Wilkinson | Competition 1 | Gymnastics Elite | 2B | | | | | | |
| 117 | Bethany Wilkinson | Competition 1 | Gymnastics Elite | 2B | | | | | | |
| 118 | Grace Arabacioglu | Competition 1 | The Wire GC | 2B | | | | | | |
| 119 | Cadi Thomas | Competition 1 | Ynys Mon GC | 2B | | | | | | |
| 120 | Kaya Yates | Competition 1 | Ynys Mon GC | 2B | | | | | | |
| 121 | Enlli Evans | Competition 1 | Ynys Mon GC | 2B | | | | | | |
| 122 | Annabel Lucas | Competition 1 | Dronfield GA | 3B | | | | | | |
| 123 | Isabel Ashcroft | Competition 1 | Dronfield GA | 3B | | | | | | |
| 124 | Beth Evans | Competition 1 | Revolution GC | 3B | | | | | | |
| 125 | Emma Cekrezi | Competition 1 | Revolution GC | 3B | | | | | | |
| 126 | Amelie Crocker | Competition 1 | Revolution GC | 3B | | | | | | |
| 127 | Liv Bull | Competition 1 | Sapphire Gymnastics | 4B | | | | | | |
| 128 | Gracie Pouch | Competition 1 | City of Worcester GC | 4B | | | | | | |
| 129 | Molly Aston-O'Donovan | Competition 1 | Crewe & Nantwich GC | 4B | | | | | | |
| 130 | Katie Rose Evans | Competition 1 | Deeside GA | 4B | | | | | | |
| 131 | Ellie Williams | Competition 1 | Pennine GC | 5B | | | | | | |
| 132 | Erin Boyle | Competition 1 | Sheffield GA | 5B | | | | | | |
| 133 | Eryn Haggerston | Competition 1 | York ASC | 5B | | | | | | |
| 134 | Amelie Digby | Competition 1 | York ASC | 5B | | | | | | |

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|------------------|----------------|--|----|-------|------|------|-------|-------|-------|
| Regional Grade 4 | | PANEL B | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 135 | Cet Ap Tomos | Competition 1 | Bangor GC | 1B | | | | | | |
| 136 | Charlotte Halpin | Competition 1 | Bangor GC | 1B | | | | | | |
| 137 | Paige Stafford | Competition 1 | Dolphina GC | 1B | | | | | | |
| 138 | Rosie Harrington | Competition 1 | Dolphina GC | 1B | | | | | | |
| 139 | Jessica Kirk | Competition 1 | Harrogate GC | 1B | | | | | | |
| 140 | Ellie Murphy | Competition 1 | The Wire GC | 2B | | | | | | |
| 141 | Lily Morris | Competition 1 | The Wire GC | 2B | | | | | | |
| 142 | Aurelia Ehiogu | Competition 1 | Revolution GC | 3B | | | | | | |
| 143 | Hollie Parry | Competition 1 | Revolution GC | 3B | | | | | | |
| 144 | Skye Taylor | Competition 1 | Revolution GC | 3B | | | | | | |
| 145 | Daisy Dowell | Competition 1 | Revolution GC | 3B | | | | | | |
| 146 | Harriet Bateman | Competition 1 | City of Worcester GC | 4B | | | | | | |
| 147 | Ellie-Mae Sims | Competition 1 | Crewe & Nantwich GC | 4B | | | | | | |
| 148 | Hannah Mushrow | Competition 1 | Deeside GA | 4B | | | | | | |
| 149 | Sophie Colyer | Competition 1 | Deeside GA | 4B | | | | | | |
| 150 | Isabella Beck | Competition 1 | Buckley Girls GC | 5B | | | | | | |
| 151 | Rosie Parsley | Competition 1 | Buckley Girls GC | 5B | | | | | | |
| 152 | Evie Wickham | Competition 1 | Wiltshire SG | 5B | | | | | | |
| 153 | Ffion Rowe | Competition 1 | Wrexham GC | 5B | | | | | | |

Saturday - Round 2

Registration by 11.55am

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|---------------------|-------------------------|----------------|--|-----|-------|------|------|-------|-------|-------|
| Club Grade 6 | | PANEL A | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 154 | Kita Ellis | Competition 2 | Deeside GA | 6A | | | | | | |
| 155 | Roxanne Lackey | Competition 2 | Deeside GA | 6A | | | | | | |
| 156 | Caitlin Taylor | Competition 2 | The Wire GC | 6A | | | | | | |
| 157 | Rosie Allen | Competition 2 | The Wire GC | 6A | | | | | | |
| 158 | Lois Hewitt | Competition 2 | The Wire GC | 6A | | | | | | |
| 159 | Ruby Doherty | Competition 2 | The Wire GC | 6A | | | | | | |
| 160 | Kaysie Murray | Competition 2 | Crewe & Nantwich GC | 7A | | | | | | |
| 161 | Annabel Steel | Competition 2 | York ASC | 7A | | | | | | |
| 162 | Amelia Bateman | Competition 2 | York ASC | 7A | | | | | | |
| 163 | Lauren Bottomley | Competition 2 | York ASC | 7A | | | | | | |
| 164 | Rachel Cardy | Competition 2 | York ASC | 7A | | | | | | |
| 165 | Daisy Roberts | Competition 2 | Buckley Girls GC | 8A | | | | | | |
| 166 | Olivia Buckley | Competition 2 | Buckley Girls GC | 8A | | | | | | |
| 167 | Loni Humphreys | Competition 2 | Buckley Girls GC | 8A | | | | | | |
| 168 | Poppy East | Competition 2 | Sheffield GA | 8A | | | | | | |
| 169 | Matilda Smith | Competition 2 | Wiltshire SG | 8A | | | | | | |
| 170 | Elise Heald | Competition 2 | Gymnastics Elite | 8A | | | | | | |
| 171 | Poppy Neale | Competition 2 | Dolphina GC | 9A | | | | | | |
| 172 | Lucy Thomas | Competition 2 | Revolution GC | 9A | | | | | | |
| 173 | Tesni Jones | Competition 2 | Ynys Mon GC | 9A | | | | | | |
| 174 | Kelsey Wyn Owen | Competition 2 | Ynys Mon GC | 9A | | | | | | |
| 175 | Sara Thomas | Competition 2 | Ynys Mon GC | 9A | | | | | | |
| 176 | Isla Westall | Competition 2 | Ynys Mon GC | 9A | | | | | | |
| 177 | Ruby Harris Marvin | Competition 2 | Dronfield GA | 10A | | | | | | |
| 178 | Ellie Carter | Competition 2 | Bangor GC | 10A | | | | | | |
| 179 | Felicity Roberts | Competition 2 | Cheshire Gymnastics | 10A | | | | | | |
| 180 | Kathryn Elliott Nielsen | Competition 2 | Cheshire Gymnastics | 10A | | | | | | |
| 181 | Florence Harte | Competition 2 | Cheshire Gymnastics | 10A | | | | | | |
| 182 | Isabelle Merrick | Competition 2 | City of Worcester GC | 10A | | | | | | |
| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
| Club Grade 5 | | PANEL B | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 183 | Seren Barlow | Competition 2 | Deeside GA | 6B | | | | | | |
| 184 | Daisy Duncan | Competition 2 | Deeside GA | 6B | | | | | | |
| 185 | Keisha Keogh | Competition 2 | The Wire GC | 6B | | | | | | |
| 186 | Megan Rees | Competition 2 | The Wire GC | 6B | | | | | | |
| 187 | Lily-Mae Parker | Competition 2 | Crewe & Nantwich GC | 7B | | | | | | |
| 188 | Louisa Batho | Competition 2 | Crewe & Nantwich GC | 7B | | | | | | |
| 189 | Olivia Barnes | Competition 2 | Crewe & Nantwich GC | 7B | | | | | | |
| 190 | Martha Brian | Competition 2 | Pennine GC | 7B | | | | | | |
| 191 | Sophia Ceely | Competition 2 | Salto GC | 7B | | | | | | |
| 192 | Daisy Smith | Competition 2 | York ASC | 7B | | | | | | |
| 193 | Olive Edwards | Competition 2 | York ASC | 7B | | | | | | |
| 194 | Eda Shaaban | Competition 2 | York ASC | 7B | | | | | | |
| 195 | Darcey Compton | Competition 2 | Buckley Girls GC | 8B | | | | | | |
| 196 | Alexa Higgins | Competition 2 | Sheffield GA | 8B | | | | | | |
| 197 | Holly Lau | Competition 2 | Dolphina GC | 9B | | | | | | |
| 198 | Amelia-May Lister | Competition 2 | Dolphina GC | 9B | | | | | | |
| 199 | Isabelle Hughes | Competition 2 | Ynys Mon GC | 9B | | | | | | |
| 200 | Bethany Denby | Competition 2 | Leeds GC | 10B | | | | | | |
| 201 | Bethan Holmes | Competition 2 | Bangor GC | 10B | | | | | | |
| 202 | Cadi Owen | Competition 2 | Bangor GC | 10B | | | | | | |
| 203 | Seren Kelleher | Competition 2 | City of Worcester GC | 10B | | | | | | |
| 204 | Abigail Flanagan | Competition 2 | Dronfield GA | 10B | | | | | | |
| 205 | Charlotte Leatherbarrow | Competition 2 | Wrexham GC | 10B | | | | | | |

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|--------------------|----------------|--|-----|-------|------|------|-------|-------|-------|
| Regional Grade 4 | | PANEL B | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 206 | Sian O'Donnell | Competition 2 | Deeside GA | 6B | | | | | | |
| 207 | Ciara Evanson | Competition 2 | Deeside GA | 6B | | | | | | |
| 208 | Phoebe Bates | Competition 2 | Deeside GA | 6B | | | | | | |
| 209 | Deryn Haf Edwards | Competition 2 | Deeside GA | 6B | | | | | | |
| 210 | Seren Molloy | Competition 2 | Deeside GA | 6B | | | | | | |
| 211 | Olivia Blanchard | Competition 2 | Buckley Girls GC | 8B | | | | | | |
| 212 | Mia Gill | Competition 2 | Buckley Girls GC | 8B | | | | | | |
| 213 | Ava Green | Competition 2 | Buckley Girls GC | 8B | | | | | | |
| 214 | Abigail Landon | Competition 2 | Buckley Girls GC | 8B | | | | | | |
| 215 | Cara Cooper | Competition 2 | Buckley Girls GC | 8B | | | | | | |
| 216 | Mercy Leigh D'Arcy | Competition 2 | Sheffield GA | 8B | | | | | | |
| 217 | Ava Hodgkins | Competition 2 | Sheffield GA | 8B | | | | | | |
| 218 | Alyssa Krausz | Competition 2 | Dolphina GC | 9B | | | | | | |
| 219 | Mia Warren | Competition 2 | Dolphina GC | 9B | | | | | | |
| 220 | Caitlin Li | Competition 2 | Dolphina GC | 9B | | | | | | |
| 221 | Chloe Crocker | Competition 2 | Revolution GC | 9B | | | | | | |
| 222 | Beca Lois Thomas | Competition 2 | Ynys Mon GC | 9B | | | | | | |
| 223 | Casi Carter | Competition 2 | Bangor GC | 10B | | | | | | |
| 224 | Ella Scott | Competition 2 | Bangor GC | 10B | | | | | | |

Saturday - Round 3

Registration by 3.50pm

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|---------------------|---------------------------------|----------------|--|-----|-------|------|------|-------|-------|-------|
| Club Grade 6 | | PANEL A | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 225 | Tia Banks | Competition 3 | Sapphire Gymnastics | 11A | | | | | | |
| 226 | Daisy Pickford | Competition 3 | York ASC | 11A | | | | | | |
| 227 | Maisie Treloar | Competition 3 | York ASC | 11A | | | | | | |
| 228 | Esme Lamont | Competition 3 | York ASC | 11A | | | | | | |
| 229 | Ellanor Bottomley | Competition 3 | York ASC | 11A | | | | | | |
| 230 | Isabelle Bird | Competition 3 | Deeside GA | 12A | | | | | | |
| 231 | Chloe McCurdy | Competition 3 | Dronfield GA | 12A | | | | | | |
| 232 | Isabelle Grant | Competition 3 | Dronfield GA | 12A | | | | | | |
| 233 | Georgia Kenny | Competition 3 | Dronfield GA | 12A | | | | | | |
| 234 | Milli Jeruti Gleadhall-Romanach | Competition 3 | Dronfield GA | 12A | | | | | | |
| 235 | Lillian Hall | Competition 3 | Dronfield GA | 12A | | | | | | |
| 236 | Billie Anne Varley | Competition 3 | Gymnastics Elite | 13A | | | | | | |
| 237 | Alice Gillon | Competition 3 | Gymnastics Elite | 13A | | | | | | |
| 238 | Lola Mae Bell | Competition 3 | Sheffield GA | 13A | | | | | | |
| 239 | Phoebe Kilbride | Competition 3 | Sheffield GA | 13A | | | | | | |
| 240 | Grace Foot | Competition 3 | The Wire GC | 13A | | | | | | |
| 241 | Freya Carley | Competition 3 | The Wire GC | 13A | | | | | | |
| 242 | Holly Beasant | Competition 3 | Pennine GC | 14A | | | | | | |
| 243 | Megan Allen | Competition 3 | Salto GC | 14A | | | | | | |
| 244 | Nissi Mugomezi | Competition 3 | Salto GC | 14A | | | | | | |
| 245 | Freya Martin | Competition 3 | Wiltshire SG | 14A | | | | | | |
| 246 | Gracie-May Robinson | Competition 3 | Wiltshire SG | 14A | | | | | | |
| 247 | Asha Elloway | Competition 3 | Wiltshire SG | 14A | | | | | | |
| 248 | Bonnie Leigh Herd | Competition 3 | Cheshire Gymnastics | 15A | | | | | | |
| 249 | Hattie Hartley | Competition 3 | Cheshire Gymnastics | 15A | | | | | | |
| 250 | Kathryn Higgin | Competition 3 | Cheshire Gymnastics | 15A | | | | | | |
| 251 | Poppy Mainwaring | Competition 3 | Dolphina GC | 15A | | | | | | |
| 252 | Gabrielle Georgiou | Competition 3 | Dolphina GC | 15A | | | | | | |
| 253 | Emanuela Marascu | Competition 3 | Dolphina GC | 15A | | | | | | |
| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
| Club Grade 5 | | PANEL B | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 254 | Fifi Lesser | Competition 3 | Dolphina GC | 11B | | | | | | |
| 255 | Milena Kabelis | Competition 3 | Dolphina GC | 11B | | | | | | |
| 256 | Iman Zaoui | Competition 3 | Sapphire Gymnastics | 11B | | | | | | |
| 257 | Emily Munro | Competition 3 | Sapphire Gymnastics | 11B | | | | | | |
| 258 | Elliotte Schofield | Competition 3 | York ASC | 11B | | | | | | |
| 259 | Maisie Winfield | Competition 3 | Dronfield GA | 12B | | | | | | |
| 260 | Maisie Coleman | Competition 3 | Dronfield GA | 12B | | | | | | |
| 261 | Emil Boudjada | Competition 3 | Dronfield GA | 12B | | | | | | |
| 262 | Millie Ross | Competition 3 | Harrogate GC | 12B | | | | | | |
| 263 | Libra Wells | Competition 3 | Gymnastics Elite | 13B | | | | | | |
| 264 | Scarlett Ford Priestly | Competition 3 | Gymnastics Elite | 13B | | | | | | |
| 265 | Amelia Newhouse | Competition 3 | Gymnastics Elite | 13B | | | | | | |
| 266 | Milly Yang | Competition 3 | The Wire GC | 13B | | | | | | |
| 267 | Maisie Hughes | Competition 3 | The Wire GC | 13B | | | | | | |
| 268 | Mia Male | Competition 3 | The Wire GC | 13B | | | | | | |
| 269 | Jayda Davis | Competition 3 | Salto GC | 14B | | | | | | |
| 270 | Leiyah Duncan | Competition 3 | Salto GC | 14B | | | | | | |
| 271 | Madison Palmer | Competition 3 | Salto GC | 14B | | | | | | |
| 272 | Riana Karaj | Competition 3 | Salto GC | 14B | | | | | | |
| 273 | Ashani Davis | Competition 3 | Salto GC | 14B | | | | | | |
| 274 | Erin Wintle | Competition 3 | Wiltshire SG | 14B | | | | | | |
| 275 | Isabella Hampshire | Competition 3 | Crewe & Nantwich GC | 15B | | | | | | |
| 276 | Holly Woodhouse | Competition 3 | Sheffield GA | 15B | | | | | | |

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|-------------------|----------------|--|-----|-------|------|------|-------|-------|-------|
| Regional Grade 4 | | PANEL B | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 277 | Grace McGovern | Competition 3 | Dolphina GC | 11B | | | | | | |
| 278 | Shyamala Espinosa | Competition 3 | Dolphina GC | 11B | | | | | | |
| 279 | Isabella Smith | Competition 3 | Sapphire Gymnastics | 11B | | | | | | |
| 280 | Kristina Ball | Competition 3 | Sapphire Gymnastics | 11B | | | | | | |
| 281 | Ruby Stiles | Competition 3 | Deeside GA | 12B | | | | | | |
| 282 | Darcey Fay | Competition 3 | Deeside GA | 12B | | | | | | |
| 283 | Ellie Stinchcombe | Competition 3 | Deeside GA | 12B | | | | | | |
| 284 | Molly Dathan | Competition 3 | Deeside GA | 12B | | | | | | |
| 285 | Holly Crossley | Competition 3 | Deeside GA | 12B | | | | | | |
| 286 | Ava Clarke | Competition 3 | The Wire GC | 13B | | | | | | |
| 287 | Lily-Rose McGucen | Competition 3 | The Wire GC | 13B | | | | | | |
| 288 | Rose Baker | Competition 3 | City of Worcester GC | 14B | | | | | | |
| 289 | Jessica Potter | Competition 3 | Wiltshire SG | 14B | | | | | | |
| 290 | Lucy Bevan | Competition 3 | Buckley Girls GC | 15B | | | | | | |
| 291 | Imogen Evetts | Competition 3 | Cheshire Gymnastics | 15B | | | | | | |
| 292 | Niamh Finan | Competition 3 | Leeds GC | 15B | | | | | | |
| 293 | Emma Ranson | Competition 3 | Sheffield GA | 15B | | | | | | |
| 294 | Zara Hardy | Competition 3 | Sheffield GA | 15B | | | | | | |
| 295 | Demi Atkinson | Competition 3 | Sheffield GA | 15B | | | | | | |

SATURDAY TIMINGS**ACTIVITY***** 8.30am Judges Meeting ***

| | |
|------------------|--|
| 8.00am | Doors Open |
| 8.00am - 8.30am | Registration for Gymnasts in Round 1 |
| 8.30am - 8.35am | Gymnasts to line up ready for March-on |
| 8.35am - 8.45am | March-on & Introduction of Gymnasts Competing in Round 1 |
| 8.45am - 8.55am | General Warm-Up |
| 8.50am | All Judges to be in position |
| 8.55am - 9.00am | Gymnasts line up on floor in Groups & march to first Apparatus |
| 9.00am - 11.55am | Warm-Up & Competition 5 x 35 Minutes |

*** Any Mixed Groups should Compete in Grade Order and rotate within their Grade****Panel A - Club Grade 6****Panel B - Club Grade 5 & Regional Grade 4**

| | VAULT | BARS | BEAM | FLOOR | R & C |
|---------------|--|---------|---------|---------|---------|
| 9.00 - 9.35 | Vault Warm-Up: x 2 Vaults per Gymnast then Compet | 1 A & B | 2 A & B | 3 A & B | 4 A & B |
| 9.35 - 10.10 | USA Style Warm-Up on Bars, Beam & Range: | 5 A & B | 1 A & B | 2 A & B | 3 A & B |
| 10.10 - 10.45 | The First x 2 Gymnasts within each Group @ 1 min | 4 A & B | 5 A & B | 1 A & B | 2 A & B |
| 10.45 - 11.20 | Gymnast 1 competes & whilst Gymnast 1 is being | 3 A & B | 4 A & B | 5 A & B | 1 A & B |
| 11.20 - 11.55 | judged, Gymnast 3 warms-up etc. | 2 A & B | 3 A & B | 4 A & B | 5 A & B |

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.**Split Warm-Up on Floor:** First half of each Group W/Up for 2.5 minutes followed by the second half of the Group

| | |
|-------------------|--|
| 11.55am | Judges & Officials Lunch |
| By 11.55am | Registration for Gymnasts in Round 2 |
| 11.55am - 12.05pm | Collation of Scores & Spectator Hot-Seat |
| 12.05pm - 12.20pm | Stand & Awards Ceremony for Round 1 Gymnasts |
| 12.20pm - 12.30pm | Arena completely cleared for Round 2 - Spectators must re-enter the main gym if they wish to stay |

| | |
|-------------------|--|
| 12.30pm - 12.40pm | Gymnasts to line up ready for March-on |
| 12.40pm - 12.50pm | March-on & Introduction of Gymnasts Competing in Round 2 |
| 12.45pm | General Warm-Up |
| 12.50pm - 12.55pm | All Judges to be in position |
| 12.55pm - 3.50pm | Gymnasts line up on floor in Groups & march to first Apparatus |
| | Warm-Up & Competition 5 x 35 Minutes |

*** Any Mixed Groups should Compete in Grade Order and rotate within their Grade****Panel A - Club Grade 6****Panel B - Club Grade 5 & Regional Grade 4**

| | VAULT | BARS | BEAM | FLOOR | R & C |
|--------------|--|----------|----------|----------|----------|
| 12.55 - 1.30 | Vault Warm-Up: x 2 Vaults per Gymnast then Compet | 6 A & B | 7 A & B | 8 A & B | 9 A & B |
| 1.30 - 2.05 | USA Style Warm-Up on Bars, Beam & Range: | 10 A & B | 6 A & B | 7 A & B | 8 A & B |
| 2.05 - 2.40 | The First x 2 Gymnasts within each Group @ 1 min | 9 A & B | 10 A & B | 6 A & B | 7 A & B |
| 2.40 - 3.15 | Gymnast 1 competes & whilst Gymnast 1 is being | 8 A & B | 9 A & B | 10 A & B | 6 A & B |
| 3.15 - 3.50 | judged, Gymnast 3 warms-up etc. | 7 A & B | 8 A & B | 9 A & B | 10 A & B |

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.**Split Warm-Up on Floor:** First half of each Group W/Up for 2.5 minutes followed by the second half of the Group

| | |
|-----------------|--|
| 3.50pm | Judges & Officials Afternoon Tea |
| By 3.50pm | Registration for Gymnasts in Round 3 |
| 3.50pm - 4.00pm | Collation of Scores & Spectator Hot-Seat |
| 4.00pm - 4.15pm | Stand & Awards Ceremony for Round 2 Gymnasts |
| 4.15pm - 4.25pm | Arena completely cleared for Round 3 - Spectators must re-enter the main gym if they wish to stay |

| | |
|-----------------|--|
| 4.25pm - 4.35pm | Gymnasts to line up ready for March-on |
| 4.35pm - 4.45pm | March-on & Introduction of Gymnasts Competing in Round 3 |
| 4.40pm | General Warm-Up |
| 4.45pm - 4.50pm | All Judges to be in position |
| 4.50pm - 7.45pm | Gymnasts line up on floor in Groups & march to first Apparatus |
| | Warm-Up & Competition 5 x 35 Minutes |

*** Any Mixed Groups should Compete in Grade Order and rotate within their Grade****Panel A - Club Grade 6****Panel B - Club Grade 5 & Regional Grade 4**

| | VAULT | BARS | BEAM | FLOOR | R & C |
|-------------|--|----------|----------|----------|----------|
| 4.50 - 5.25 | Vault Warm-Up: x 2 Vaults per Gymnast then Compet | 11 A & B | 12 A & B | 13 A & B | 14 A & B |
| 5.25 - 6.00 | USA Style Warm-Up on Bars, Beam & Range: | 15 A & B | 11 A & B | 12 A & B | 13 A & B |
| 6.00 - 6.35 | The First x 2 Gymnasts within each Group @ 1 min | 14 A & B | 15 A & B | 11 A & B | 12 A & B |
| 6.35 - 7.10 | Gymnast 1 competes & whilst Gymnast 1 is being | 13 A & B | 14 A & B | 15 A & B | 11 A & B |
| 7.10 - 7.45 | judged, Gymnast 3 warms-up etc. | 12 A & B | 13 A & B | 14 A & B | 15 A & B |

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.**Split Warm-Up on Floor:** First half of each Group W/Up for 2.5 minutes followed by the second half of the Group

| | |
|--------|---|
| 7.45pm | Collation of Scores & Spectator Hot-Seat / Stand & Awards Ceremony for Round 3 Gymnasts |
|--------|---|

Sunday - Round 1

Registration from 8.00am (8.30am latest)

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|---------------------|----------------|--|----|-------|------|------|-------|-------|-------|
| Regional Grade 3 | | PANEL A | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 296 | Isabella Bennett | Competition 1 | Dolphina GC | 1A | | | | | | |
| 297 | Beau Mallett | Competition 2 | Dolphina GC | 1A | | | | | | |
| 298 | Tia Carter | Competition 2 | Elmfield Gymnastics | 1A | | | | | | |
| 299 | Paige Tomlinson | Competition 2 | Elmfield Gymnastics | 1A | | | | | | |
| 300 | Tegan Craggs | Competition 1 | Leeds GC | 1A | | | | | | |
| 301 | Olivia Kilby | Competition 2 | Sapphire Gymnastics | 1A | | | | | | |
| 302 | Kira Caple | Competition 2 | Sapphire Gymnastics | 1A | | | | | | |
| 303 | Millie Knudsen | Competition 1 | Wiltshire SG | 2A | | | | | | |
| 304 | Lydia Webb | Competition 1 | Wiltshire SG | 2A | | | | | | |
| 305 | Millie Vranich | Competition 2 | Wiltshire SG | 2A | | | | | | |
| 306 | Charlotte Lamb | Competition 1 | York ASC | 2A | | | | | | |
| 307 | Ellen Jones | Competition 2 | York ASC | 2A | | | | | | |
| 308 | Amelia Hughes | Competition 2 | York ASC | 2A | | | | | | |
| 309 | Freya Louth | Competition 2 | York ASC | 2A | | | | | | |
| 310 | Abigail Perrine | Competition 1 | Crewe & Nantwich GC | 3A | | | | | | |
| 311 | Mya Abumere | Competition 1 | Dronfield GA | 3A | | | | | | |
| 312 | Chloe Crofts | Competition 1 | Dronfield GA | 3A | | | | | | |
| 313 | Lucy Cunningham | Competition 1 | Dronfield GA | 3A | | | | | | |
| 314 | Evie Munro | Competition 2 | Dronfield GA | 3A | | | | | | |
| 315 | Nadia Wojcik | Competition 1 | Revolution GC | 3A | | | | | | |
| 316 | Jessica Barnett | Competition 1 | Revolution GC | 3A | | | | | | |
| 317 | Isabelle Hardy | Competition 1 | Bangor GC | 4A | | | | | | |
| 318 | Martha Gilford | Competition 1 | Bangor GC | 4A | | | | | | |
| 319 | Shiloh Lee | Competition 2 | Cheshire Gymnastics | 4A | | | | | | |
| 320 | Ava Sumner | Competition 2 | Cheshire Gymnastics | 4A | | | | | | |
| 321 | Darcy Williams | Competition 1 | Ynys Mon GC | 4A | | | | | | |
| 322 | Mared Hughes | Competition 1 | Ynys Mon GC | 4A | | | | | | |
| 323 | Nel Thomas | Competition 1 | Ynys Mon GC | 4A | | | | | | |
| 324 | Ellie Horgan | Competition 1 | Buckley Girls GC | 5A | | | | | | |
| 325 | Jessie Astbury | Competition 1 | Buckley Girls GC | 5A | | | | | | |
| 326 | Tegan Evans | Competition 2 | Buckley Girls GC | 5A | | | | | | |
| 327 | Sophie Davies | Competition 2 | Buckley Girls GC | 5A | | | | | | |
| 328 | Emilia Downes | Competition 2 | Buckley Girls GC | 5A | | | | | | |
| 329 | Niamh Carr | Competition 2 | Buckley Girls GC | 5A | | | | | | |
| 330 | Emma Morris | Competition 2 | The Wire GC | 5A | | | | | | |
| National Grade 2 | | PANEL B | | | | | | | | |
| 331 | Lily Baker | Competition 1 | Dolphina GC | 1B | | | | | | |
| 332 | Holly Blake | Competition 1 | Elmfield Gymnastics | 1B | | | | | | |
| 333 | Abbie Grafton | Competition 1 | Leeds GC | 1B | | | | | | |
| 334 | Mia Cantillon | Competition 1 | Amber Valley GA | 2B | | | | | | |
| 335 | Scarlett Kent | Competition 1 | Amber Valley GA | 2B | | | | | | |
| 336 | Federica Contarino | Competition 1 | Amber Valley GA | 2B | | | | | | |
| 337 | Summer Elbortoukaly | Competition 1 | Harrogate GC | 2B | | | | | | |
| 338 | Abigail Lord | Competition 1 | Heywood Sparks GA | 3B | | | | | | |
| 339 | Amelia Maynard | Competition 1 | Heywood Sparks GA | 3B | | | | | | |
| 340 | Emily Travis | Competition 1 | Pennine GC | 3B | | | | | | |
| 341 | Sophia Kimber | Competition 1 | Pennine GC | 3B | | | | | | |
| 342 | Jessica Harris | Competition 1 | City of Worcester GC | 4B | | | | | | |
| 343 | Lauren Jones | Competition 1 | City of Worcester GC | 4B | | | | | | |
| 344 | Grace McMeeken | Competition 1 | Deeside GA | 4B | | | | | | |
| 345 | Isabella Sell | Competition 1 | Sudbury GC | 4B | | | | | | |
| 346 | Jessica Burton | Competition 1 | Sheffield Workshop Gymnastics | 5B | | | | | | |
| 347 | Elsie Grieg | Competition 1 | Sheffield Workshop Gymnastics | 5B | | | | | | |
| 348 | Emma Routes | Competition 1 | The Wire GC | 5B | | | | | | |
| 349 | Lara Speers | Competition 1 | The Wire GC | 5B | | | | | | |

Sunday - Round 2

Registration by 11.05am

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|------------------------|----------------|--|-----|-------|------|------|-------|-------|-------|
| National Grade 4 | | PANEL A | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 350 | Sali Jones | Competition 1 | Ynys Mon GC | 6A | | | | | | |
| 351 | Cara Williams | Competition 1 | Ynys Mon GC | 6A | | | | | | |
| 352 | Shannon Williams | Competition 1 | Ynys Mon GC | 6A | | | | | | |
| 353 | Erin Roberts | Competition 1 | Ynys Mon GC | 6A | | | | | | |
| 354 | Kady Jones | Competition 1 | Ynys Mon GC | 6A | | | | | | |
| 355 | Libby Wilson | Competition 1 | Dronfield GA | 7A | | | | | | |
| 356 | Jasmine Milward Wright | Competition 1 | Dronfield GA | 7A | | | | | | |
| 357 | Willow Carter | Competition 1 | Heywood Sparks GA | 7A | | | | | | |
| 358 | Lacey White | Competition 1 | Heywood Sparks GA | 7A | | | | | | |
| 359 | Ruby Gowers | Competition 1 | Heywood Sparks GA | 7A | | | | | | |
| 360 | Ava Leong | Competition 1 | Heywood Sparks GA | 7A | | | | | | |
| 361 | Helena Berridge | Competition 1 | The Wire GC | 8A | | | | | | |
| 362 | Madeleine Lang | Competition 1 | The Wire GC | 8A | | | | | | |
| 363 | Darcey Fearnley | Competition 1 | TSV Gymnastics | 8A | | | | | | |
| 364 | Alice Stevenson | Competition 1 | Amber Valley GA | 8A | | | | | | |
| 365 | Isabelle Finch | Competition 1 | City of Worcester GC | 8A | | | | | | |
| 366 | Mollie Fawdry | Competition 1 | City of Worcester GC | 8A | | | | | | |
| 367 | Amelia Haslam-Walker | Competition 1 | Pennine GC | 9A | | | | | | |
| 368 | Isabella Ruttle | Competition 1 | Pennine GC | 9A | | | | | | |
| 369 | Alicia Richards | Competition 1 | Sheffield GA | 9A | | | | | | |
| 370 | Caitlin Boyle | Competition 1 | Sheffield GA | 9A | | | | | | |
| 371 | Summer Taylor | Competition 1 | Wiltshire SG | 9A | | | | | | |
| 372 | Sorcha King | Competition 1 | Wiltshire SG | 9A | | | | | | |
| 373 | Claire Zeng | Competition 1 | Sheffield Workshop Gymnastics | 10A | | | | | | |
| 374 | Tamzin Matthews | Competition 1 | Bangor GC | 10A | | | | | | |
| 375 | Macey Jones | Competition 1 | Buckley Girls GC | 10A | | | | | | |
| 376 | Sophie Jennings | Competition 1 | Cheshire Gymnastics | 10A | | | | | | |
| 377 | Hollie Hardy | Competition 1 | Crewe & Nantwich GC | 10A | | | | | | |
| 378 | Carys Francis | Competition 1 | York ASC | 10A | | | | | | |
| National Grade 3 | | PANEL B | | | | | | | | |
| 379 | Amelia Wade Jones | Competition 1 | Deeside GA | 6B | | | | | | |
| 380 | Megan Bailey | Competition 1 | Deeside GA | 6B | | | | | | |
| 381 | Jaya Sanghera | Competition 1 | Revolution GC | 6B | | | | | | |
| 382 | Angel Bo Tatum | Competition 1 | Sudbury GC | 6B | | | | | | |
| 383 | Ela Haf Williams | Competition 1 | Ynys Mon GC | 6B | | | | | | |
| 384 | Isobel Gillett | Competition 1 | Dronfield GA | 7B | | | | | | |
| 385 | Caitlin Robinson | Competition 1 | Dronfield GA | 7B | | | | | | |
| 386 | Morgan Withers | Competition 1 | Heywood Sparks GA | 7B | | | | | | |
| 387 | Lauren Tierney | Competition 1 | Heywood Sparks GA | 7B | | | | | | |
| 388 | Grace Higginson | Competition 1 | Heywood Sparks GA | 7B | | | | | | |
| 389 | Lily Bell | Competition 1 | Amber Valley GA | 8B | | | | | | |
| 390 | Nikita Peers | Competition 1 | The Wire GC | 8B | | | | | | |
| 391 | Cordelia Ming | Competition 1 | TSV Gymnastics | 8B | | | | | | |
| 392 | Faye Armstrong | Competition 1 | TSV Gymnastics | 8B | | | | | | |
| 393 | Grace Macrory | Competition 1 | City of Worcester GC | 8B | | | | | | |
| 394 | Erin Geoghegan | Competition 1 | Pennine GC | 9B | | | | | | |
| 395 | Grace Erith | Competition 1 | Cheshire Gymnastics | 9B | | | | | | |
| 396 | Megan Hill | Competition 1 | Sheffield GA | 9B | | | | | | |
| 78 | Martha Green | Competition 1 | Wiltshire SG | 9B | | | | | | |
| 397 | Alexa Evans | Competition 1 | Wiltshire SG | 9B | | | | | | |
| 398 | Jenna Caddy | Competition 1 | Wiltshire SG | 9B | | | | | | |
| 399 | Beatrix Baum | Competition 1 | Harrogate GC | 10B | | | | | | |
| 400 | Georgina Gibson | Competition 1 | Harrogate GC | 10B | | | | | | |
| 401 | Bethany Hobson | Competition 1 | Harrogate GC | 10B | | | | | | |
| 402 | Jaeda Nim | Competition 1 | Harrogate GC | 10B | | | | | | |
| 403 | Wiyanna Pickersgill | Competition 1 | Harrogate GC | 10B | | | | | | |

Sunday - Round 3

Registration by 3.00pm

| No. | GYMNAST | AGE GROUP | CLUB | GR | VAULT | BARS | BEAM | FLOOR | R & C | TOTAL |
|-------------------------|-----------------------|----------------|--|-----|-------|------|------|-------|-------|-------|
| National Grade 4 | | PANEL A | Please note that competitors have been divided evenly by date of birth not year of birth. | | | | | | | |
| 404 | Millie Guram-Baker | Competition 2 | City of Worcester GC | 11A | | | | | | |
| 405 | Sophie Cale | Competition 2 | City of Worcester GC | 11A | | | | | | |
| 406 | Cora Desmond | Competition 2 | Deeside GA | 11A | | | | | | |
| 407 | Hannah Lawrence | Competition 2 | Deeside GA | 11A | | | | | | |
| 408 | Lara Harker | Competition 2 | Salto GC | 11A | | | | | | |
| 409 | Lois Hammet | Competition 2 | Amber Valley GA | 12A | | | | | | |
| 410 | Mia Roberts | Competition 2 | Buckley Girls GC | 12A | | | | | | |
| 411 | Gabriela Surova | Competition 2 | Pennine GC | 12A | | | | | | |
| 412 | Daisy Pickup | Competition 2 | Pennine GC | 12A | | | | | | |
| 413 | Harriet Bridge | Competition 2 | Pennine GC | 12A | | | | | | |
| 414 | Mabli Grieves Owen | Competition 2 | Ynys Mon GC | 12A | | | | | | |
| 415 | Molly Griffiths | Competition 2 | Heywood Sparks GA | 13A | | | | | | |
| 416 | Naioni Miller | Competition 2 | Sheffield GA | 13A | | | | | | |
| 417 | Nell Ibberson | Competition 2 | TSV Gymnastics | 13A | | | | | | |
| 418 | Rebecca Wood | Competition 2 | TSV Gymnastics | 13A | | | | | | |
| 419 | Emma Cookson | Competition 2 | TSV Gymnastics | 13A | | | | | | |
| 420 | Lily Johnson | Competition 2 | York ASC | 14A | | | | | | |
| 421 | Anya Coates | Competition 2 | York ASC | 14A | | | | | | |
| 422 | Maya Shearer | Competition 2 | York ASC | 14A | | | | | | |
| 423 | Sophie Lavers | Competition 2 | York ASC | 14A | | | | | | |
| 424 | Holli Mead | Competition 2 | York ASC | 14A | | | | | | |
| 425 | Elysia Goodman | Competition 2 | York ASC | 14A | | | | | | |
| 426 | Melissa Ovenden | Competition 2 | York ASC | 14A | | | | | | |
| 427 | Lily Maskill | Competition 2 | Crewe & Nantwich GC | 15A | | | | | | |
| 428 | Eve Marathalingam | Competition 2 | Dronfield GA | 15A | | | | | | |
| 429 | Isobel Tilburn | Competition 2 | Harrogate GC | 15A | | | | | | |
| 430 | Evie Bottomley-Probst | Competition 2 | Harrogate GC | 15A | | | | | | |
| 431 | Anna Forbes | Competition 2 | Harrogate GC | 15A | | | | | | |
| 432 | Sasha Hourigan | Competition 2 | Revolution GC | 15A | | | | | | |
| Regional Grade 2 | | PANEL B | | | | | | | | |
| 433 | Niamh Lanckham | Competition 1 | City of Worcester GC | 11B | | | | | | |
| 434 | Mary Needham | Competition 1 | City of Worcester GC | 11B | | | | | | |
| 435 | Nellie Lewis | Competition 1 | City of Worcester GC | 11B | | | | | | |
| 436 | Hermione Hencher | Competition 1 | City of Worcester GC | 11B | | | | | | |
| 437 | Ella Ceely | Competition 1 | Salto GC | 11B | | | | | | |
| 438 | Melissa Doyle | Competition 1 | Pennine GC | 12B | | | | | | |
| 439 | Mia Rowley | Competition 1 | Ynys Mon GC | 12B | | | | | | |
| 440 | Elin Owen | Competition 1 | Ynys Mon GC | 12B | | | | | | |
| 441 | Isabel Jones | Competition 1 | Ynys Mon GC | 12B | | | | | | |
| 442 | Rhea Williams | Competition 1 | Ynys Mon GC | 12B | | | | | | |
| 443 | Isabella Halpin | Competition 1 | Bangor GC | 13B | | | | | | |
| 444 | Brooke Adams | Competition 1 | Leeds GC | 13B | | | | | | |
| 445 | Katie Grant | Competition 1 | Wrexham GC | 13B | | | | | | |
| 446 | Katie Norgrove | Competition 1 | Wrexham GC | 13B | | | | | | |
| 447 | Jasmin Wheatley | Competition 1 | Dolphina GC | 14B | | | | | | |
| 448 | Keira Human | Competition 1 | Dolphina GC | 14B | | | | | | |
| 449 | Tegan Hodson-Little | Competition 1 | Sapphire Gymnastics | 14B | | | | | | |
| 450 | Madeline Swan | Competition 1 | Sudbury GC | 14B | | | | | | |
| 451 | Olivia Brook | Competition 1 | Dronfield GA | 15B | | | | | | |
| 452 | Olivia Bower | Competition 1 | Dronfield GA | 15B | | | | | | |
| 453 | Chloe Jones | Competition 1 | Dronfield GA | 15B | | | | | | |
| 454 | Zara Palmer | Competition 1 | Revolution GC | 15B | | | | | | |

SUNDAY TIMINGS **ACTIVITY** * 8.30am Judges Meeting *

8.00am Doors Open
 8.00am - 8.30am **Registration for Gymnasts in Round 1**
 8.30am - 8.35am Gymnasts to line up ready for March-on
 8.35am - 8.45am March-on & Introduction of Gymnasts Competing in Round 1
 8.45am - 8.55am General Warm-Up
 8.50am **All Judges to be in position**
 8.55am - 9.00am Gymnasts line up on floor in Groups & march to first Apparatus
 9.00am - 11.05am Warm-Up & Competition 5 x 25 Minutes

| Panel A - Regional 3 | VAULT | BARS | BEAM | FLOOR | R & C |
|--|---------|---------|---------|---------|---------|
| Panel B - National 2 | | | | | |
| Vault Warm-Up: x 2 Vaults per Gymnast then Compet | 1 A & B | 2 A & B | 3 A & B | 4 A & B | 5 A & B |
| USA Style Warm-Up on Bars, Beam & Range: | 5 A & B | 1 A & B | 2 A & B | 3 A & B | 4 A & B |
| The First x 2 Gymnasts within each Group @ 1 min | 4 A & B | 5 A & B | 1 A & B | 2 A & B | 3 A & B |
| Gymnast 1 competes & whilst Gymnast 1 is being | 3 A & B | 4 A & B | 5 A & B | 1 A & B | 2 A & B |
| judged, Gymnast 3 warms-up etc. | 2 A & B | 3 A & B | 4 A & B | 5 A & B | 1 A & B |

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

Split Warm-Up on Floor: First half of each Group W/Up for 3 minutes followed by the second half of the Group

11.05am **Judges & Officials Lunch**
 By 11.05am **Registration for Gymnasts in Round 2**
 11.05am - 12.05pm Collation of Scores & Spectator Hot-Seat
 12.05pm - 12.20pm Stand & Awards Ceremony for Round 1 Gymnasts
 12.20pm - 12.30pm **Arena completely cleared for Round 2 - Spectators must re-enter the main gym if they wish to stay**
 Apparatus Changes
 Gymnasts to line up ready for March-on
 12.30pm - 12.40pm March-on & Introduction of Gymnasts Competing in Round 2
 12.40pm - 12.50pm General Warm-Up
 12.45pm **All Judges to be in position**
 12.50pm - 12.55pm Gymnasts line up on floor in Groups & march to first Apparatus
 12.55pm - 3.00pm Warm-Up & Competition 5 x 25 Minutes

| Panel A - National 4 | VAULT | BARS | BEAM | FLOOR | R & C |
|--|----------|----------|----------|----------|----------|
| Panel B - National 3 | | | | | |
| Vault Warm-Up: x 2 Vaults per Gymnast then Compet | 6 A & B | 7 A & B | 8 A & B | 9 A & B | 10 A & B |
| USA Style Warm-Up on Bars, Beam & Range: | 10 A & B | 6 A & B | 7 A & B | 8 A & B | 9 A & B |
| The First x 2 Gymnasts within each Group @ 1 min | 9 A & B | 10 A & B | 6 A & B | 7 A & B | 8 A & B |
| Gymnast 1 competes & whilst Gymnast 1 is being | 8 A & B | 9 A & B | 10 A & B | 6 A & B | 7 A & B |
| judged, Gymnast 3 warms-up etc. | 7 A & B | 8 A & B | 9 A & B | 10 A & B | 6 A & B |

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

Split Warm-Up on Floor: First half of each Group W/Up for 3 minutes followed by the second half of the Group

3.00pm **Judges & Officials Afternoon Tea**
 By 3.00pm **Registration for Gymnasts in Round 3**
 3.00pm - 3.10pm Collation of Scores & Spectator Hot-Seat
 3.10pm - 3.25pm Stand & Awards Ceremony for Round 2 Gymnasts
 3.25pm - 3.35pm **Arena completely cleared for Round 3 - Spectators must re-enter the main gym if they wish to stay**
 Apparatus Changes
 Gymnasts to line up ready for March-on
 3.35pm - 3.45pm March-on & Introduction of Gymnasts Competing in Round 3
 3.45pm - 3.55pm General Warm-Up
 3.50pm **All Judges to be in position**
 3.55pm - 4.00pm Gymnasts line up on floor in Groups & march to first Apparatus
 4.00pm - 6.05pm Warm-Up & Competition 5 x 25 Minutes

| Panel A - National 4 | VAULT | BARS | BEAM | FLOOR | R & C |
|--|----------|----------|----------|----------|----------|
| Panel B - Regional 2 | | | | | |
| Vault Warm-Up: x 2 Vaults per Gymnast then Compet | 11 A & B | 12 A & B | 13 A & B | 14 A & B | 15 A & B |
| USA Style Warm-Up on Bars, Beam & Range: | 15 A & B | 11 A & B | 12 A & B | 13 A & B | 14 A & B |
| The First x 2 Gymnasts within each Group @ 1 min | 14 A & B | 15 A & B | 11 A & B | 12 A & B | 13 A & B |
| Gymnast 1 competes & whilst Gymnast 1 is being | 13 A & B | 14 A & B | 15 A & B | 11 A & B | 12 A & B |
| judged, Gymnast 3 warms-up etc. | 12 A & B | 13 A & B | 14 A & B | 15 A & B | 11 A & B |

There will be a separate Warm-Up area for Range to ensure the next gymnast is ready to compete.

Split Warm-Up on Floor: First half of each Group W/Up for 3 minutes followed by the second half of the Group

6.05pm - 6.30pm Collation of Scores & Spectator Hot-Seat / Stand & Awards Ceremony for Round 3 Gymnasts